



## AMDAVAD MUNICIPAL CORPORATION

### CERTIFICATE OF APPRECIATION

On behalf of Amdavad Municipal Corporation, We are pleased to felicitate

**Mr. Lihās Trivedi**

for his excellent performance in various Long distance Run held at national & international level.

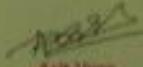
It gives us immense pleasure that you have made Amdavad city proud by your dedicated & whole hearted efforts for Long distance Run & motivated the passion for sports in citizens by following achievements.

1. Comrades Ultra Marathon 2012- South Africa: for being not only the first one from Gujarat but also the first Gujarati to successfully complete arguably the greatest ultra-marathon in the world where this year 19,500 athletes came from all over the world to combine muscle and mind and mental strength to conquer the 89.3 km distance between the cities of Pietermaritzburg and Durban. This historical race had its first edition in 1911 and is considered to be the Mecca for all long distance runners. It is one of the toughest race which is run in one of the toughest hilly terrains of South Africa making it as the "Ultimate Human race". The race route climbs through five high hills known as "Big five" testing the endurance limits of human body.
2. Singapore Sundown Ultra Marathon 2011 - 100km - for finishing successfully this 100km race where the race is run by participants throughout the night. The race is designed to test the endurance of human body to last under extreme humidity of tropical weather. Congratulations for your participation.
3. For successfully participating and making city of Amdavad proud at numerous national and international marathon races such as Athens Classic Marathon 2010 (Original Marathon Route completing 2500 years of First Marathon), Mumbai Marathon, Govenindra Marathon, Govenindra Half Marathon, Sabarmati Marathon, Amdavad, Baroda Half Marathon to name a few.

We once again appreciate your achievements in Long distance Run and convey our best wishes for your bright future and pink health.

  
Dr. Guruprasad Mohapatra I.A.S.  
MUNICIPAL COMMISSIONER

15-08-2012

  
Asit Vora  
MUNICIPAL